Survivors Support Group
This group provides a safe environment for survivors of sexual assault to receive support, acceptance, and validation, while focusing on the healing process. It aims to decrease feelings of isolation and alienation that may be experienced following a sexual assault.
Group facilitator: Dr. Melissa Garrison

General Therapy Group
This group provides students a community in which to work on one’s goals in a safe space. Processing with a group allows for multiple perspectives, peer support, and insight into how one’s actions affect others.
Group facilitator: Laura Syvertson

Gender and Sexuality Exploration
This is a process group that provides a safe place for people to talk about LGBTQ+ issues in daily life.
Group facilitators: Liza Alvarado and Dr. Tyme Rodriguez

Understanding Self and Others
This group is for students who would like to develop insights about interpersonal patterns and create connections leading to more fulfilling interpersonal relationships with family, peers, and romantic partners.
Group facilitator: Dr. Tyme Rodriguez

For more information or to join a group please call the Counseling Center (610-330-5005) or email counseling@lafayette.edu